

1. Define your question using PICO:

P → Patient/Problem → _____

I → Intervention → _____

C → Comparison → _____

O → Outcome → _____

2. Type of scenario:

Therapy/prevention Diagnosis Etiology Prognosis Other

3. Type of study: (keep in mind the evidence hierarchy)

Meta analysis Randomized Controlled Trial Cross Section Study
 Systematic review Cohort Study Case Series/Report
 Case Control Study Editorials, Opinions

4. List the main terms and alternative terms (synonyms) from your PICO that can be used for your search: (use controlled vocabulary, e.g. MeSH, if possible)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

5. List any inclusion criteria – gender, age level, publication dates, language:

_____	_____
_____	_____
_____	_____

6. List the EBM resources databases you plan to search:

(MEDLINE, CINAHL, Cochrane, ACP Journal Club, DARE, PEDro, OTSeeker, PsycInfo, etc.)

_____	_____
_____	_____
_____	_____
_____	_____