

1. Define your question using PICO:

P → Patient/Problem → _____
I → Intervention → _____
C → Comparison → _____
O → Outcome → _____

2. Type of scenario: Therapy/prevention Diagnosis Etiology Prognosis Other

3. Type of study: (keep in mind the evidence hierarchy)

- | | | |
|--|--|---|
| <input type="checkbox"/> Meta analysis | <input type="checkbox"/> Randomized Controlled Trial | <input type="checkbox"/> Cross Section Study |
| <input type="checkbox"/> Systematic review | <input type="checkbox"/> Cohort Study | <input type="checkbox"/> Case Series/Report |
| | <input type="checkbox"/> Case Control Study | <input type="checkbox"/> Editorials, Opinions |

4. List the main terms and alternative terms (synonyms) from your PICO that can be used for your search: (use controlled vocabulary, e.g. MeSH, if possible)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

5. List any inclusion criteria – gender, age level, publication dates, language:

_____	_____
_____	_____
_____	_____

6. List the EBM resources databases you plan to search:

(MEDLINE, CINAHL, Cochrane, ACP Journal Club, DARE, PEDro, OTSeeker, PsycInfo, etc.)

_____	_____
_____	_____
_____	_____
_____	_____